

MENTOR AND MENTEE AGREEMENT

UCCS Pre-Health Scholars Program

This Mentoring Agreement was created to ensure mentees and mentors develop a mutual understanding of expectations. Additionally, it creates a series of identifiable benchmarks and goals to work towards and evaluate progress.

This contract will help each mentee/mentor pair:

- Establish communication expectations
- Identify goals for this mentoring relationship
- Outline skill areas to be enhanced or developed through this partnership

Please share your communication preferences for scheduling meetings, cancellations, or correspondence and share contact information:

Email: _____ Phone: _____ Text Message: _____

Microsoft Teams: _____ Other: _____

Objectives

Please briefly share what you hope this mentorship connection will entail:

How can you achieve this?

Confidentiality

Any sensitive issues that we discuss will be held in confidence and will not be shared with anyone under any circumstances. If there are topics that you do NOT want to discuss, list below.

Example Meeting Topics to choose from:

Background information, Career Information, Undergraduate Student Experience, Medical Student Experience, Coursework and Academic Information, Medical Specialties-Didactic Learning and Clinical Experiences, Healthcare Industry, Patient Experiences, Pre-Med Preparation, Shadowing, Study Habits, Time Management, MCAT, Casper Exam, AAMC, Resources, Medical School Application: Personal Statement, Letters of Recommendation, AMCAS, Secondaries, Medical School List, Interviews

Frequency of Meetings

Long-term Option:

We will attempt to meet at least _____ (fill in amount) times each month. If we cannot attend a scheduled meeting, we agree to be responsible and notify our partner.

Duration

We have determined that our mentoring relationship will continue as long as we both feel comfortable or until:

Short-term Option:

We will meet once or twice and schedule with each other at our convenience via the communication preference that we listed.

We will meet via _____ (Teams, Zoom, In person)

Graceful Exit Clause

If one of us needs to end the meetings, we agree to abide by the decision of our partner.

Mentor

Mentee

Date

Date